

BOARD NEWS

American Board
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in Psychodrama,
Sociometry and
Group Psychotherapy

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Number 1

ELECTED BOARD DIRECTORS

Chairperson: John Olesen, M.A., C.P.
Vice-Chairperson: Donna Little, M.S.W., T.E.P.
Treasurer: MaryCatherine (Cathy) Burgess, M.Sc., C.P.
Secretary: Rory Remer, Ph.D., T.E.P.
Directors: Mary-Jo Amatruda, M.A., M.S., T.E.P.
Martica Bacallao, M.A., M.S.W., Ph.D., C.P., P.A.T.
Karen Drucker, Psy.D., T.E.P.
Louise Lipman, L. C.S.W., C.G.P., T.E.P.
Jeffrey Yates, L.C.S.W., T.E.P.

NEW BOARD DIRECTORS

Karen Drucker, Psy.D., T.E.P. and Jeffrey Yates, L.C.S.W., T.E.P. were elected to the three-year T.E.P. Directors terms. Martica Bacallao, M.A., M.S.W., Ph.D., C.P., P.A.T. was elected to the Three year CP Director term.

2006 Income and Expenses will appear in our next newsletter.

CP, TEP & PAT APPLICATIONS AVAILABLE ON WEBSITE

Effective immediately the CP, TEP and PAT applications are now available free of charge on our website. If applicants want our office to send the materials to them there will be a \$50.00 fee for each set of materials that we download and mail to them. Completed applications and all supporting materials are due by July 15th. In the future these materials will be available each January 10th on our website.

THE LAST ISSUE OF THE NEWSLETTER. . .

. . . to be sent to you via the post office. If you have an email address we will now be sending you the newsletters, ballot and first dues notice via email. With the addition of our new website we have added expenses and we either must reduce other expenses (e.g., printing, postage and mailing services) or raise your dues. If you insist we will continue to send you materials through the mail.

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(May and December) by the
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Members are encouraged to submit Newsletter materials.



MESSAGE FROM THE CHAIR John Olesen, M.A., C.P

Dear Certified Psychodramatists,
In my first report to our membership, as Chair of the Board of Examiners, I would like to review the highlights of and some of the issues raised at the Annual Conversation Hour held at the ASGPP recent conference as well as update you on the Board Web Site.

Twenty people attended our Conversation Hour that was held in April in New York City at the 65th Annual Meeting of the American Society of Psychodrama and Group Psychotherapy Conference. Some of those in attendance for the conversation hours were trainees (new and seasoned), certified psychodramatists, Drama Therapists, and psychodramatists from other countries and hemispheres.

Several people had specific questions about the examination requirements and application procedures. We did our best to answer those questions. We would like to remind everyone that the certification standards, application instructions and forms, study guides, written examinations, and on-site guidelines are posted on our new website.

Several persons at the conversation hour suggested that The Board require a published article either in lieu of the written examination or as an additional requirement for certification. This suggestion has been made before and the Board of Directors has discussed it before. We would like to take this opportunity to remind all of you that only a majority vote from the membership can modify or change any certification standards. The Board of Directors will discuss this option again at our Fall meeting and we would appreciate hearing from you on the pros and cons of this proposal. For now the Board strongly suggests that Trainers encourage their trainees to develop writing skills and contribute to the field.

We are very excited about our new website (www.psychodramacertification.org) and encourage you to log on and post your information, check it out and explore its multiple networking possibilities. Feedback from new users has been extremely positive and the site is quite user-friendly. Since you can put your photo on the website, for me it is exciting to finally be able to put a face to the many names we all have seen in print over the years.

As spring meets the publication of this newsletter we look forward to peace and new growth. As your new Chairperson, I look forward to hearing your concerns and working with you to increase our visibility in the world.

Warmly,
John Olesen

CONTINUING EDUCATION QUIZ 2006 WRITTEN CERTIFICATION EXAMINATIONS

C. P. EXAMINATION 2006

PART ONE - 10AM TO 12 NOON

- I. HISTORY (Suggested time: 30 minutes).
1. From an historical perspective, cite and explain two (02) examples of how Moreno challenged the cultural conservers of his time.
- II. PHILOSOPHY (Suggested time: 30 minutes).
1. Using the Canon of Creativity, explain how the philosophy of spontaneity/creativity promotes social change. Draw the Canon of Creativity.

III. METHODOLOGY (Suggested time: 60 minutes).

Answer Question 1 and Question 2.

1. As Director, what would you do if a protagonist loses spontaneity (becomes blocked) during the enactment phase of the drama? Include two (02) techniques you would use and the rationale(s) behind them..
 2. Answer either A or B.
 - A. Explain the encounter method. Give an example, and how you use it.
- OR
- B. In both the mirror technique and the double technique, the protagonist is represented by an auxiliary. Why are they two different techniques? Why, when, and how would you use each of these?

PART TWO 1 PM - 4 PM

IV. SOCIOMETRY (Suggested time: 60 minutes).

Answer Question 1 and Question 2.

1. As psychodrama directors, we use our Sociometric intelligence in the three (03) phases of a psychodrama session: warm-up, action and sharing. Reflecting on a session you have directed share your sociometric awarenesses and the interventions you made in each phase.
2. Answer either A or B.
 - A. Draw the social atom of a client with whom you have worked. Explain how the social atom was used to help the client.

OR

- B. Moreno said that in a healthy group the sociometry is always shifting. Give two (02) examples of sociometric interventions you have used in a group where the sociometry has become stagnant.

V. ETHICS (Suggested time: 45 minutes.)

1. Within the course of a drama, the protagonist has a wild look in her eyes. She hisses, "that creep is going to pay for what he did, and tonight is the night." You are sure that she owns a gun. What are the director's ethical considerations and responsibilities to the "creep", the client, and the group? Relate your answer to the APA Code of Ethics.

VI. RESEARCH (Suggested time: 30 minutes).

1. Describe a specific research study that investigated the effectiveness of an action method. Discuss how this research has influenced your practice of psychodrama.

VII. RELATED FIELDS (Suggested time: 30 minutes).

1. Explain the similarities and the differences between the role of the director in Psychodrama and the role of therapist/leader of one other psychotherapeutic modality.

T. E.P. EXAMINATION 2006

PART ONE 10AM TO NOON

I. HISTORY (Suggested time: 30 minutes).

- 1 Name two (02) historical psychodrama events that challenged the cultural conserves of Moreno's time. Discuss how you would present this information to your training group. What goals do you have for teaching these events?

II. PHILOSOPHY (Suggested time: 30 minutes).

1. What and how do you teach your students about Moreno's understanding of spirituality?

III. METHODOLOGY (Suggested time: 60 minutes).

Answer Question 1 and Question 2.

1. Design a training module to teach psychodrama students doubling. Include: theory, methodology and practical application in your module.
2. Answer either A or B.
 - A. Name two (02) skills that you think are important to teach your student directors to use when a protagonist loses spontaneity during the enactment phase of a drama. How and why would you teach the two (02) skills?

OR

- B. How do you teach your students to direct an encounter between two (02) group members? Give an example.

PART TWO 1 PM - 4PM

V. SOCIOMETRY (Suggested time: 60 minutes).

Answer Question 1 and Question 2.

1. As trainers, we want our students to use their sociometric intelligence to guide their directorial choices while facilitating the three (03) phases of a psychodrama session: warm-up, action and sharing. Discuss a sociometric issue related to each phase and how you would teach it to your students.
2. Answer either A or B.
 - A. How do you teach your students to use the social atom of a client to formulate and execute a sociometrically oriented plan to help the client?

OR

- B. How do you use the training group as a learning lab to help your students practice interventions when the sociometry of a group has become stagnant?

V. ETHICS (Suggested time: 45 minutes).

1. As A TEP what are the ethical considerations and responsibilities you would teach your trainees about the issues in the following scenario should it arise in one of their groups? Include how you would teach it to them. "Within the course of a drama, the protagonist has a wild look in her eyes. She hisses, "that creep is going to pay for what he did, and tonight is the night." You are sure that she has a gun."

VI. RESEARCH/EVALUATION (Suggested time: 30 mins.).

1. Why and what do psychodrama students need to know to be able to read and understand research articles? How do you teach them what they need to know?

VII. RELATED FIELDS (Suggested time: 30 minutes).

1. You are asked to do a psychodrama presentation to a group of professionals that is new to psychodrama. How would you compare and contrast psychodrama to their field of interest?

2006 EXAM RESULTS

Mary Jo. C. Amatruda, M.S., L.P.C., C.G.P., T.E.P.

Congratulations to a new group of practitioners and trainers. This year all 11 CP candidates who took the exam passed, and one passed with distinction. Six of the seven TEP candidates passed; a seventh candidate was given a provisional pass. A provisional pass means that the TEP candidate was weak on one of the key areas of the exam (e.g. sociometry or methodology). The Board now requires that a TEP candidate who receives a provisional pass take the exam back to the primary trainer and develop a plan of remedial study for the area that was rated as weak. Upon satisfactory completion of the study plan and upon recommendation of a pass from the primary trainer the Board will issue a pass for the written examination.

In the past the research section of the exam was the most challenging. However, now it is one of the best sections of the exam. This improvement is in part due to the excellent work of our Board Member, Marie-Therese Bilaniuk. She developed the research section of the Study Guide and has helped the Board focus the research questions on the standards that are relevant and necessary for CPs and TEPs. We will miss Marie-Therese's contributions to the Board.

Ethics is now the weakest section of the exam. We encourage candidates to focus on the importance of this section and to fully answer the question in this section.

The Board also recommends that PATs formulate cohesive and articulate modules to teach the material presented in the questions. TEP candidates must be able to communicate in writing their ability to teach students in a way that makes the material meaningful and provides for integration of that material.

Based on this year's exam, we recommend two guidelines for those taking the exam in October: (1) stop writing once you have answered the question; and (2) read the questions carefully and focus on answering the question that was asked. As a Board, we would prefer to pass all candidates and we can do that if the candidates clearly communicate, in writing, their knowledge of either the practitioner or trainer role.

Again, we congratulate this new group of psychodrama practitioners and trainers. Most of them have successfully completed their on-site examinations and are now certified. Some of them have included biographical sketches and photos that appear in this newsletter. Please congratulate and welcome them.

DROP IN AND TURN ON

Our new website is now open to our members. Go to www.psychodramacertification.org to log in. Click on to "Members Login here" (it is at the right side bottom of the blue header). Once there enter your userid (your ID is the first initial of your first name and your last name all in small letters, e.g., dbuchanan). Then ask for help with pass code. Follow the instructions and your passcode will be sent to your email address.

APPRECIATIONS

Last year we thanked those many volunteers who generously donated their time to the Board. We apologize for our error in omitting William Wysong from that list. He has been a steadfast and long-time volunteer reading exams and conducting on-sites. Thanks Bill.

The Board could not possibly operate without the support, commitment and dedication of all those individuals who voluntarily read examinations, conduct on-site observations and serve on special committees. Thank you. If you would like to spread the sociometric wealth and add your name to the list, give us a call.

Kerry Paul Altman
Mary-Jo C. Amatruda
Phoebe Atkinson
Sue Barnum
Dena Baumgartner
Marie Therese Bilaniuk
Jeanne Burger
MaryCatherine Burgess
Elaine Camerota
Jean M. Campbell
Roberto Cancel
Judith Glass Collins
Linda Condon
Herb Dandes
Karen Drucker
Nell Evans
Estelle Fineberg
Jacob Gershoni
Lorelei Joy Goldman
Christine Jacobson

Louise Lipman
Donna Little
John Olesen
Carole A. Oliver
Patricia B. Park
Rich Paschke
Susan Powell
Rory Remer
Georgia A. Rigg
Glenn C. Sammis
Edward Schreiber
Gong Shu
Barry Spodak
Marsha Stein
Linda Thema
Susan Wapner Thiele
Daniel J. Tomasulo
Rebecca Walters
William H. Wysong

INSTANT ENROLLMENT FOR NEW PATS

The Board has changed the enrollment policy for new PATS. The old policy stated that CPs must submit their PAT application materials by July 15th and they would be admitted sometime between August and September. Effective immediately new PATs will be enrolled as soon as their materials are received in our office. PATs may enroll anytime between January 10th and July 15th of each year. If you are a CP who wants to enroll for PAT status just go to our website and download all the PAT materials. The CP should then schedule a meeting with the TEP who will be the primary trainer for the PAT process. Together they will fill out the forms and the PAT will send the completed forms and the application initiation fee to our office. As soon as the materials have been received the Board will send an email to the PAT and enrollment as a PAT begins on that date. The PAT Annual Update is not due until July 15th of the next year.

In Memoriam

Clare Danielsson

Recently Certified Practitioners and Trainer, Educator, Practitioners are invited to submit an autobiographical statement. Bios are printed as space permits

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Patti Desert is a licensed Certified Social Worker at the Clinical Level with seventeen years experience in the treatment of trauma, addictions, and other Axis I and II disorders. Patti joined the psychodrama community in 1997 when she began her training. She is also certified in EMDR. She is a Maryland Board Certified Clinical Supervisor, holds membership in several professional associations is a board member of the Middle Atlantic Association of Group Psychotherapy and Psychodrama, and past Editor of the Global News Column for the American Psychodrama newsletter. She is a national and international presenter of workshops on the treatment of stress and trauma, has been a guest speaker on local radio talk shows describing effective treatments, and regularly directs personal growth workshops in Baltimore, MD.

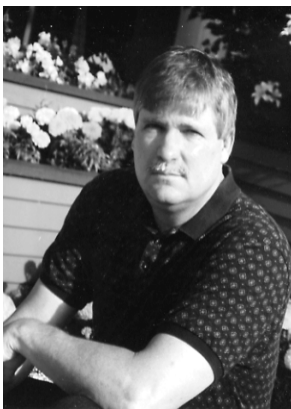


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Gay French-Ottaviani is a licensed clinical social worker with a private practice in Pound Ridge, NY where she is an individual and group therapist. Gay is also the Senior Domestic Violence Counselor at the Northern Westchester Shelter, Non-Residential. Adding on a new role, Professor French-Ottaviani recently began teaching a graduate level counseling class at Pace University entitled *Domestic Violence/Intimate Partner Abuse*. Gay has led therapy groups since 1996 and is a recent member of the American Group Psychotherapy Association.

After receiving a BA in Drama as USF, Gay worked in theater, film and graphic design. Changing careers, she was awarded an MSW in Social Work at NYU and Psychodrama became her focus. Upon receiving her CP, she would particularly like to thank Peter Pitzele for getting her started, Judy Swallow for her "Columbo Method," and Ziva Moyal for her encouragement. Above all, may *hosannas* and bountiful *thank yous* rain down on her mentors Mary-Jo Amatruda and Gene Eliasoph for their profound reparenting, both personally and professionally.

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Mark Felber is a licensed professional counselor specializing in couples/marital therapy, co-dependency issues and addictive behaviors. He is also a licensed chemical dependency counselor.

Before earning a Master's Degree in counseling from Texas A&M University, he pursued doctoral studies for seven years at The University of Texas at Dallas, exploring a cultural history of intimate relations. He is a certified Imago Relationship Therapist and an EMDR Facilitator.

Mark's dream is to write a book that will captivate the general public and popularize psychodrama. His hope is that one day Alvin Toffler's vision to have a psychodrama stage in every home across America will become a reality



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I can vividly recall in 1991 standing at the book-signing desk in Memphis, Tennessee with Elaine Goldman, Ph.D., TEP and asking her how I could get trained in the magic she had demonstrated to us. My journey took me from the birthplace of Elvis Presley to the bright lights of Manhattan. I want to thank all of you for co-creating my certification as a Trainer, Educator, and Practitioner. This co-creating led to my founding of The Mid-South Center for Psychodrama and Sociometry in Tupelo, MS. My Center offers both clinical and training services. In closing, I would like to thank my wonderful wife, Pat, without whose love and support none of this could have happened.

**WE NEED YOUR EMAIL. IF YOU HAVE NOT ALREADY SENT IT TO US
PLEASE SEND IT TO US IMMEDIATELY.**