



BOARD NEWS

American Board
of Examiners
in Psychodrama,
Sociometry and
Group Psychotherapy

Volume 35

May 2011

Number 1



MESSAGE FROM THE CHAIR Karen Drucker, Psy.D., T.E.P.

Dear Certified Psychodramatists,

As I reflect on my last two years as Chair, I feel satisfied and grateful. I am satisfied because I have moved through the stages of role development, and feel I have given my best. I feel complete because I will be passing the reigns to the wise and patient Elaine Camerota on June 30, 2011. Elaine

carries the history of the Board like no one else currently serving. She has been a member for 11 years! During my remaining time on the Board, I look forward to being in a supportive Vice President role (formerly Vice-Chair, but our new by-laws changed the titles, so I am now President and soon will be Vice-President!).

I am grateful for the connections I have made while serving on the Board, making new friends and deepening attachments to old friends. It is very satisfying to give back to this community that has given so much to me. Some of the things I believe we've accomplished as a board during my time as Chair are as follows:

- Streamlined the CP and TEP test creating process, and improved the process of reviewing the exams
- Implemented grammar guidelines (thanks to Martica Bacallao's leadership)
- Created new CP and TEP on-site forms, available on the website
- Revised CP and TEP study guides, available on the website
- Revised our By-laws to be in line with current organizational structure and policy, which passed in our recent election!

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WHAT'S INSIDE...

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ELECTED BOARD DIRECTORS

Effective until June 30, 2011

Chairperson: Karen Drucker, Psy.D., T.E.P.
 Vice-Chairperson: Mari Pat McGuire, L.C.S.W.-C., T.E.P.
 Secretary: Lin Considine, M.S., L.M.H.C., C.P., P.A.T.
 Treasurer: Jeffrey Yates, L.C.S.W., T.E.P.
 Directors: Elaine Camerota, Ed.D., T.E.P.
 Paula Catalan, M.S., L.C.P.C., C.P.
 Kim Friedman, M.A., L.M.H.C., C.P., P.A.T.
 Louise Lipman, L. C.S.W., C.G.P., T.E.P.
 Fiona G. Roche, C.Q.S.W., R.S.W., C.G.P.A.(Dip.), T.E.P.

ELECTED BOARD DIRECTORS

July 1, 2011 to June 30, 2012

President: Elaine Camerota, Ed.D., T.E.P.
 Vice-President: Karen Drucker, Psy.D., T.E.P.
 Secretary: Paula Catalan, M.S., L.C.P.C., C.P.
 Treasurer: Jeffrey Yates, L.C.S.W., T.E.P.
 Directors: Mario Cossa M.A., R.D.T./M.T., C.A.W.T., T.E.P.
 Kim Friedman M.A., L.M.H.C., C.P., P.A.T.
 Fiona G. Roche C.Q.S.W., R.S.W., C.G.P.A.(Dip.), T.E.P.
 Judith A. Swallow M.A., C.R.S., T.E.P.
 Cecilia Anne Yocum Ph.D., C.P., P.A.T.

NEW BOARD DIRECTORS

Mario Cossa M.A., R.D.T./M.T., C.A.W.T., T.E.P. and Judith A. Swallow M.A., C.R.S., T.E.P. were elected as TEP representatives to a three year term of office.

Cecilia Anne Yocum Ph.D., C.P., P.A.T. was elected as a CP representative to a three year term of office.

CP & TEP APPLICATIONS AVAILABLE ON WEBSITE

CP and TEP applications are available free of charge on our website (www.psychodramacertification.org). If applicants would prefer that we mail them the materials, there is a \$50.00 processing fee for each application. Application packages will not be mailed after June 15, 2011. Completed CP and TEP applications are due by July 15th.

Message from the Chair

continued from page one

- Developed a policy for succession of the Executive Director
- No increase in dues while we continue to be financially stable

In many ways this has been a year of role creating for me. My father's death last summer thrust me into new roles in my family. Opening my home and heart to a six year old for the year has given me the opportunity to mother, and acquire even more enormous respect for the challenge of parenting! I am aware of my limitations and the need to take more time and space for myself since my father's death, which also contributes to my decision to step down as Chair.

I am grateful for Dale Richard Buchanan, whose guidance and expertise has steered me in the right direction. He is a wealth of information, and his dedication to the Board's purpose has made every meeting productive and efficient. I can't thank you enough.

I am proud of all the new TEPs. Eight out of nine TEP candidates passed their written exam, and two of them passed with distinction. Aside from the one exam that was rated as fail, the exams were informative, and well written. I trust they will pass their on-sites. Reviewing the tests was mostly a pleasure, and it was inspiring to read your answers. For those of you wanting more creative ideas for your training groups, volunteering to review exams is a great way to be inspired!!

I am sad to be saying goodbye to Mari Pat McGuire, LCSW-C, TEP, who has been my Vice-Chair, these past two years. Her competence, wisdom and straightforward style make her an asset to the Board, and I will miss her dearly. A big welcome to my colleagues Mario Cossa, Judy Swallow and Cece Yocum, newly elected board members! I am excited to host the September board meeting in Boulder, Colorado, and I look forward to having you all in my home.

Lastly, thank you for choosing me. I am delighted that I chose you, a community that I am committed to and embrace. It was fun seeing so many of you at the conference in Florida, and to continuing our connections.

With love and blessings,

2010 ABE INCOME & EXPENSES

Income	
CP Dues	18,950.00
CP Fees	580.00
Interest	67.64
On-site Income	1,500.00
PAT Fees	5,880.00
TEP Dues	26,868.11
TEP Fees	3,860.75
TOTAL INCOME	\$57,775.75
Expenses	
Bank charges	289.32
Directory	1,055.42
Exec. Director	18,000.00
Graphic Design	410.00
Internet Services	600.00
Legal & Profl Fees	500.00
Meetings	6,626.27
Newsletter	732.91
Office Expense	8,000.00
On-Sites	2,088.70
Photocopy	25.97
Postage	1,971.72
Printing	220.79
Proctors	480.00
Secretarial	10,000.00
Supplies	479.23
Telephone	817.35
Webmaster	620.00
TOTAL EXPENSES	\$52,737.18
Surplus	\$5,038.57

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Email: abepsychodrama@yahoo.com

www.psychodramacertification.org

Newsletter Editor: Kim Friedman, M.A., L.M.H.C., C.P.,
P.A.T.

Members are encouraged to submit Newsletter materials.

APPRECIATIONS

The Board could not possibly operate without the support, commitment and dedication of all those individuals who voluntarily read examinations, conduct on-site observations, and serve on special committees. Thank You. If you would like to spread the sociometric wealth and add your name to the list, send us an email.

Mary Jo Amatruda
Ron Anderson
Martica Bacallao
George Baaklini
Kathy Brown

Paula Catalan
Elaine Camerota
Lin Considine
Mario Cossa
Judith Glass Collins

Joseph Duehl
Karen Drucker
Kim Friedman
James D Leach
Louise Lipman

Arthur Littman
Mari Pat McGuire
Georgia Rigg
Fiona G. Roche
Judy Swallow
Jeffrey Yates

**CONTINUING EDUCATION QUIZ
TRAINER, EDUCATOR AND PRACTITIONER
EXAMINATION 2010***

2010 TEP WRITTEN EXAMINATION RESULTS

PART ONE 10AM TO NOON

- I. HISTORY (Suggested time: 30 minutes).
1. Briefly identify two (02) important events in the history of psychodrama. Formulate a plan to teach these two events.
- II. PHILOSOPHY (Suggested time: 30 minutes).
1. Briefly describe Moreno's concept of "the Godhead." Design an action training session on the concept of "the Godhead."
- III. METHODOLOGY (Suggested time: 60 minutes).
Answer Question 1 and Question 2.
1. Develop a training to teach sociodrama to your students.
2. Answer either A or B.
A. Doubling and Future Projection are essential techniques in psychodrama. Briefly explain how you teach each of these techniques to your students.

OR

- B. Provide a rationale for establishing a contract (i.e.goal setting) between the director and the protagonist. Create a training to teach contracting skills to your students.

PART TWO 1PM - 4PM

- IV. SOCIOMETRY (Suggested time: 60 minutes).
Answer Question 1 and Question 2.
1. Develop a training session to teach your students the role of sociometrist.
2. Answer either A or B.
A. Design a training session to teach the theory and method of the socialatom.

OR

- B. Discuss a challenging moment in your training group. Describe two(02) sociometric interventions to address this challenging moment.

- V. ETHICS (Suggested time: 45 minutes).
1. Select two (02) ethical principles/standards to consider in deciding whether or not to admit a new person to your on-going training group. Provide a rationale for your choices.
- VI. RESEARCH/EVALUATION (Suggested time:30 minutes).
1. Choose one (01) psychodramatic OR one(01) sociometric tool for conducting research. Explain how you teach this one (01) tool to your students.
- VII. RELATED FIELDS (Suggested time: 30 minutes).
1. Discuss how your knowledge of one related field has enhanced your development as a psychodrama trainer.

**No Certified Practitioner Written Examination was given.*

We want to congratulate our psychodrama colleagues who passed the 2010 TEP written exams. These accomplished individuals join us in creating the future of action methods through practice, training, research and publications.

There were no practitioner candidates who took the written examinations this year. However, several individuals have already announced their intentions to take the practitioner examinations in 2011.

Of the nine TEP candidates who took the written examination, eight passed, two with distinction, and one failed. Evaluators felt that this was the strongest group of TEP examination takers in many years. The evaluators were impressed that TEP candidates strongly took the role of the trainer and wrote their responses from that role. The hallmark of a strong TEP exam is providing clear details concerning how the candidate would conduct the training session. It is essential that exam answers include definitions of terms and explicit instructions to group participants.

All of the candidates have invested a great deal of time, resources and energy in this rigorous training process. We congratulate them as they begin a new stage in the development of their careers. Most of them have now passed their on-sites. Some of our new TEPs have submitted their bios with photos for publication in this newsletter. We welcome all of them, and extend our congratulation on their successful completion of their training and examinations.

Who Shall Survive? Foundations of Sociometry, Group Psychotherapy and Psychodrama (by J. L. Moreno, MD, 2nd edition (Beacon, NY: Beacon House:1953) is available on line at the website of the American Society of Group Psychotherapy and Psychodrama. Go to asgpp.org and click on to the library and you will find it. You may also order it and other books by J. L. Moreno through Amazon.

OPEN ENROLLMENT FOR PAT

Any certified practitioner who wishes to enroll in the practitioner applicant for trainer process can obtain the forms and all supporting materials free of charge at our website. If you prefer, we will send you the PAT forms and supporting materials provided that you send us payment of \$50.00. Persons can enroll in the PAT process anytime between January 1st and July 15th of each year. Enrollment in the PAT process begins the day that we receive these completed materials in our office. The first annual update is not due until July 15th of the following year.

MY FIRST BOARD MEETING by Paula Catalan, M.S., L.C.P.C., C.P.



The day I was elected board member I was put on the Board's e-mail list where everybody welcomed me. This felt good. Dale sent the minutes from the previous meeting and the agenda. In this flow of e-mails I was timid and still not embodying the role of a board member, but those e-mails were my warm up to the board meeting.

The day of my first board meeting I was surprisingly calm. Mari Pat's house was open and almost everybody was there having brunch. I introduced myself and they introduced themselves to me. I was the only new one so everyone instantly recognized me and already knew my name, as I was trying to remember their names. There was a sense of comfort and warmth. When everybody finished the delicious brunch Mari Pat had made, we sat and started talking about business. As I had hoped, I was not to expected to know, do, or talk about "business", and it was a relief to know this. Rarely have I walked into a room where everybody is doubling each other in silence, but that is how I felt my entire weekend. I felt doubled in my new role as board member.

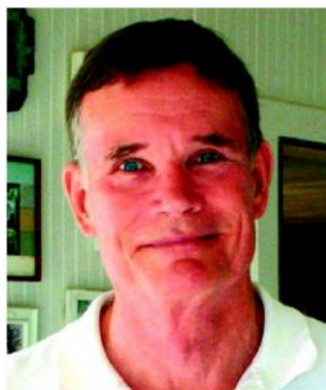
We accomplished many things during the three days. We wrote the exams. The different committees reported their business. We set dates and locations for future meetings and revised by-laws. We reviewed numerous requests from the community regarding different issues, and reviewed criteria for rating exams. When one of the requests engaged everyone's attention, Karen, the Chair, offered to do a spectrogram to explore the different opinions regarding this request. Consensus was reached for most of the issues discussed. When we could not reach an agreement, it was a relief when Dale reminded us that we did not have to make a decision at that very moment, but could take time to let the request take form in our minds. The following day, we continued addressing the request and thinking of different ways to implement it.

At my first meeting, I was aware of Dale's presence as the thread that links the history of the Board and psychodrama to all of the nuts and bolts of the administrative and practical matters, and to his wise and knowledgeable presence.

Between discussions, we took lunch breaks where we all were able to connect with each other. I had open and warm sharing experiences with board members. I took nice walks with others along Mari Pat's boardwalk, and enjoyed witnessing board members comforting their colleagues who were going through difficult moments.

We even had Steve Kopp, our own personal chef for our last dinner, who came on Saturday night to cook a delicious,

Recently Certified Practitioners and Trainer, Educator, Practitioners are invited to submit an autobiographical statement. Bios are printed as space permits. For contact information on all psychodramatists go to www.psychodramacertification.org

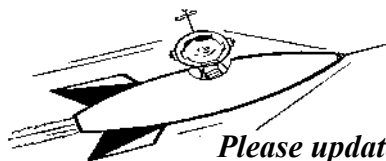


**Ed Semansky, J.D.,
L.L.M., M.A., T.E.P.
San Mateo, CA**

I was a lawyer at mid-career and somehow found my way into the MA in Counseling Psychology program at CIIS in San Francisco. Longer than law school, 3+ years in Expressive Arts Therapy, interweaving Art, Music, Dance/Movement and Drama Therapy. What an amazing change. Strong experiences in Authentic Movement led me to strong experiences in Drama Therapy. Then the wonderful drama therapist Armand Volkas led me to the wonderful psychodramatist Dorothy Satten, and now amazingly I'm a TEP. I'm grateful for having had the opportunity to do my psychodrama training with three different communities – therapists, school counselors, and lawyers. Presently I work as a trial consultant, helping injured people and their lawyers deal with the journey through litigation.

Thank you to everyone who educated me along the way, especially to Dorothy Satten, Ann Hale, Judith Glass, Darcy Erickson and Amna Jaffer. Thank you to Dale Buchanan, Brigid Mosher, Mario Cossa and the graders of the written exams for the very supportive examination process. And thanks extra-specially to my family, Mary, Pat and Kathleen.

MOVING or CHANGING YOUR EMAIL ??



*Please update your information at
www.psychodramacertification.org*

nutritious dinner made with love, on the new grill that Mari Pat had bought that same day.

Mari Pat led us in a closing ritual that helped us remain connected to each other as well as remind us of the good work we had done during the weekend.

By the end of the weekend I felt I could take on the role of board member, especially having my fellow board members helping me on this journey. I also felt I could hopefully add to this wonderful group of people something that was uniquely mine... myself.

Paula's first board meeting was in September, 2010.

Recently Certified Practitioners and Trainer, Educator, Practitioners are invited to submit an autobiographical statement. Bios are printed as space permits. For contact information on all psychodramatists go to www.psychodramacertification.org



**Martica Bacallao, Ph.D.,
M.S.S.W., T.E.P.
Chapel Hill, NC**

Martica Bacallao works as an Assistant Professor at the University of North Carolina Greensboro, in the Department of Social Work. Martica creates education simulations for applied learning. Infusing action methods into an education simulation increases student motivation, provides a role for the learner,

individualizes the learning, and offers prompt feedback. *Entre Dos Mundos*, her research intervention with Latino immigrant families, uses the Diamond of Opposites to develop bicultural skills and map acculturation styles. Earning her T.E.P. has been a collaborative accomplishment with her master trainers, Ann E. Hale and Donna Little, whose training in sociometry was exceptional. Martica greatly appreciated cards, calls and emails from Shari Ward, Louise Lipman, Dale Buchanan, Linda Bianchi, and Natalie Winters. *Mil gracias!*



Cathy with Archbishop Desmond Tutu

**MaryCatherine (Cathy) Burgess, Ph.D., L.M.H.P.,
T.E.P.,
Edinburgh, Scotland, UK and Omaha, NE**

MaryCatherine Burgess is the Associate Chaplain for Spirituality and Multifaith at the University of Edinburgh, where she received her Ph.D.. She is also an Honorary Fellow in the Schools of Divinity and Health in Social Science, where she is second supervisor for two Ph.D. students in Counselling. During her seven years in Chaplaincy she has integrated psychodrama, sociometry, sociodrama, and group facilitation – along with teaching those methods - into her work with students, staff, chaplains, and others in the Edinburgh Community who hold diverse faiths, beliefs, and values. In the coming year she will teach an introductory course in action methods for Counselling's Continuing Professional Development Programme.

One of many highlights in her chaplaincy work was co-creating with other students, staff members, and chaplains

a documentary film, which she and six others presented, along with a workshop, at the 2009 Parliament of the World's Religions. It recently was selected for the Interfaith Film Festival at Harvard. Another was her good fortune to provide the opening reflection for Archbishop Desmond Tutu's honorary graduation from Edinburgh University and then to meet and speak with him afterwards – captured in a picture of them together. A final highlight has been the sense of community emerging through the film, the feminist spirituality retreats she co-facilitated, and the team building she has facilitated with the chaplains and students.

Organizers of the Annual Middle Eastern Festival of Spirituality and Peace regularly have invited MaryCatherine to facilitate workshops, chair panels and events, and jointly organize conferences about the Divine Feminine, shamanic spirituality, Celtic spirituality, music for peace and justice, and the healing power of ritual. A shamanic practitioner for over twenty years, she is also a long-standing participant in Jean Houston's Mystery School and a musician.



**Estelle Fineberg, LCSW,
LMFT, LMT, T.E.P**

I cried happy tears when I recently learned that I was now a T.E.P. I started this journey in 1995, in the Miami training group led by my trainers Nina Garcia and Dale Richard Buchanan and I have continued in this group to this day. I saw a demonstration of Playback Theater at a commitment ceremony and I was hooked. I both loved this

methodology as well as being terrified of it. It took me 4 years before I directed even a warm-up. Once I started, I didn't stop. As my spontaneity and creativity were freed up, my skills grew. In 2003 I became a CP. The process of studying for both the CP and the TEP has elevated my skill set as a Director, a Trainer, Therapist, and a Human Being.

I am a licensed Clinical Social Worker, Marriage and Family Therapist, as well as Massage Therapist. The latter encourages me to see people through a mind-body lens. I love to learn. Through the years I have also studied Gestalt Therapy, Family Systems, Addictions, Inner Child Work, SomatoEmotional Release within CranioSacral Therapy, the NSEV- Non Somatic Extraordinary Vessels (an aspect of Chinese Medicine), Lifespan Integration, and most recently Somatic Experiencing.

I am in Private Practice in Ft. Lauderdale, Florida. As a Trainer, Director or Therapist I love to see people grow and change while being held with caring and respect. I have trained the staffs of non-profit agencies, as well as the lawyers in the Public Defender's Office. I look forward to continuing my role as Trainer in co-leading a training group in the Ft. Lauderdale area. I also look forward to continue in the role of Director.

It takes a village to grow people up. I love being part of the village of Psychodramatists.

IN MEMORIAM

We are all less because of these losses. Losing spiritual offspring is as hard as losing biological ones.
Zerka T. Moreno

DAVID A. KIPPER, PH.D., T.E.P. by Adam Blatner, M.D., T.E.P.

Dr. Kipper was one of the more prominent leaders of psychodrama nationally and internationally. He was the President of the American Society of Group Psychotherapy and Psychodrama (ASGPP) from 1989-1991, and active in many roles in the organization throughout the 1980s and 1990s. In 1994 Dr. Kipper received the J. L. Moreno Award for distinguished "Life-long Contribution to the Field of Psychodrama" from the ASGPP. That year, as a generous give-back, Dr. Kipper also established the "David A. Kipper Award" for "outstanding writing and scholarship in psychodrama" to be given annually to worthy candidates at the annual meeting of the ASGPP.

David trained with Doctor and Mrs. Zerka Moreno at the Moreno Academy for Group Psychotherapy and Psychodrama in Beacon, New York. He published an article "Spontaneity and the warming-up process in a new light" in Group Psychotherapy, and since that time has gone on to be the author or co-author of around 80 articles in professional journals or chapters in books, as well as to present scores of times at various professional meetings. Especially notable is Dr. Kipper's excellent book, *Clinical Role Playing in Psychotherapy*, which discusses the theoretical foundations of our work as well as its practical implications. It was translated and published in 1993 in Russian and in 2001 in Bulgarian.

Dr. Kipper had a rich academic career, some of the more prominent roles including his being a Professor in the Department of Psychology at the Bar Ilan University, Israel (1980-1991); and for the last fifteen years, as a Research Professor of Psychology and the Director of the Institute of Group Research and Training at Roosevelt University, Chicago, Illinois. He taught psychodrama internationally, his work taking him to Moscow (1991), Israel (of course), and to many



other areas in Europe, and many of our colleagues in Europe appreciate this training — all this in addition to his roles as therapist and consultant to management.

Dr. Kipper was a remarkable scholar for the field, serving as one of the Executive Editors and contributing articles for the

Journal of Group Psychotherapy, Psychodrama, and Sociometry for over twenty years! He also was the editor of the Psychodrama Network News in the early 1990s! Meanwhile, Dr. Kipper was also on the editorial boards of a number of other professional journals.

Dr. Kipper served as a major bridge between the field of psychodrama and both the American Psychological Association and the American Group Psychotherapy Association (AGPA), as well as being a leader in the International Association of Group Psychotherapy (IAGP) (founded by Moreno).

Yet his life was diversified: He was also active on many community boards of directors, at colleges, arts programs, organizations that promoted positive international relations, and so forth. He was especially interested in the Joffrey Ballet Company in Chicago, of which he was a Founding Director and guiding light from the mid 1990s. He was married to Barbara Levy Kipper, had two daughters and two grandchildren, and was active also in supporting ballet and other forms of dance in his community.

A full description of his many publications and presentations may be found on his website: www.davidkipper.com.

(Reprinted with permission from Psychodrama Network News; Winter 2011. Psychodrama Network News is the newsletter for the American Society of Group Psychotherapy and Psychodrama.)