

# **BOARD NEWS**

American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy

Volume 36 December 2012 Number 2

# MESSAGE FROM THE PRESIDENT Jeffrey Yates, L.C.S.W., T.E.P.



The fall is typically a productive time for the Board and our community. There were 27 persons taking the written exams this fall (9 TEP and 18 CP). Some have already scheduled and passed their on-sites. Others will be having their on-sites shortly. Judy Swallow hosted the fall Board meeting with much warmth at Boughton Place, home of the historic psychodrama stage. This warmth and terrific auxilliary work by Board members enabled us to complete all 38 agenda items.

We have a new document on our

website (Under CP Application Process) that explains how non-mental health professionals may obtain certification via our usual process. This year 4 of the 18 CP candidates were from the non-mental health professional track.

FYI: A contentious national election helped psychodrama reach the NY Times OP ED pages by Jonathan Moreno, an enlightening read. Finally our heartfelt wishes to those recovering from Hurricane Sandy's devastation.

### **BOARD CONVERSATION HOUR**

If you are attending the Annual Meeting of the American Society of Group Psychotherapy and Psychodrama at the *Crystal Gateway Marriott* in Arlington, Virginia, we invite you to come to our annual Conversation Hour. Board Directors will be present to answer your questions and address your concerns. The time, date, and location for the Board's Conversation Hour will be announced in the conference package.

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Members are encouraged to submit Newsletter materials.

### ELECTED BOARD DIRECTORS

July 1, 2012 to June 30, 2013

President: Jeffrey Yates, L.C.S.W., T.E.P.
Vice-President: Karen Drucker, Psy.D., T.E.P.
Secretary: Paula Catalán, M.S., L.C.P.C., C.P.

Treasurer: Mario Cossa, M.A., R.D.T./M.T., C.A.W.T., T.E.P.

Directors: Elaine Camerota, Ed.D., T.E.P.

Lin Considine M.S., L.M.H.C., T.E.P. Dorcas Elisabeth McLaughlin Ph.D.,

A.P.R.N., C.P., P.A.T.

Judith A. Swallow, M.A., C.R.S., T.E.P. Cecilia Anne Yocum, Ph.D., C.P., P.A.T.

### **BOUNDARIES OF COMPETENCE - CORRECTION**

The Board of Examiners regrets the following statement in the May 2012 Newsletter in the article on the Boundaries of Competence (p.3): that those "who are not trained licensed mental health professionals would not be considered competent to provide clinical mental health services..." This statement was made in error.

Although it is true that many states require licensure for an individual to use certain professional titles and designators (e.g. therapist, psychotherapist, etc.), and it is important to know the laws of your state, the Board of Examiners in no way means to imply that only individuals who are licensed are competent clinicians.

### **OPEN ENROLLMENT FOR PAT**

Any certified practitioner who wishes to enroll in the practitioner applicant for trainer process can obtain the forms and all supporting materials free of charge at our website. If you prefer, we will send you the PAT forms and supporting materials provided that you send us payment of \$50.00. Persons can enroll in the PAT process anytime between January 1st and July 15th of each year. Enrollment in the PAT process begins the day that we receive these completed materials in our office. The first annual update is not due until July 15th of the following year.

### **ELECTIONS NOTICE**

The Board has openings for two T.E.P. positions and one C.P. position. Members are expected to pay for one-half of their transportation and all other expenses to attend twice-yearly meetings. One meeting is held on the 3<sup>rd</sup> weekend in January and the other meeting is scheduled for the weekend after Labor Day Weekend. The exact location of the meetings vary and are set by the Board Directors at the previous meeting. If you are interested in standing for election, please contact our office and we will send you instructions for writing a brief biographical statement. Nominations must be received by January 8, 2013.

Recently Certified Psychodramatists are invited to submit an autobiographical statement. Bios are printed as space permits. For contact information on all psychodramatists go to www.psychodramacertification.org

# Michael Lee, B.A.(Hon.), M.Div., R.S.W., I.C.C.S., T.E.P. Sundridge, Ontario, Canada



Michael Lee, B.A.(Hon.), M.Div., R.S.W., I.C.C.S., T.E.P. has worked in mental health/addictions in Ontario and Quebec for thirty years. He is a certified supervisor of addictions and a proud member of the Toronto Centre for Psychodrama and Sociometry. He carries a private practice, leads workshops using psychodrama and teaches from his aboriginal heritage. He lives

with his spouse, son (14) and daughter (13) in Sundridge, Ontario.

# David Moran, C.A.C., L.C.S.W., C.C.D.P.-D., T.E.P. Swarthmore, PA

Passing the TEP is an awesome accomplishment. But it started with my first psychodrama experience. The process through the CP & TEP and other credentialing I have been

privileged to receive has only increased my hunger for psychodrama. I would like to acknowledge the trainers I have worked under Nancy Willis, secondary trainers Colleen Baratka and Tian Dayton and my primary trainer and mentor Nina Garcia also Dale



Buchanan and the number of others that have influenced me during this learning process.

People say we should have an easier credentialing process. I am grateful for all I was required to do. I hope to offer trainees that I may serve in their journey through the CP and TEP process a similar experience for I believe the best compliment is to emulate the people that mentor us.

The journey to be TEP included collaboration with other CP's, stretching my comfort zone, reading more of Moreno than I could comprehend, doing trainings I didn't have the comfort or energy for and most of all service to psychodrama and the ASGPP. I am grateful for the mentors that pushed me and the peers that supported me through my fear and inadequacy. Probably the most effective reinforcement of our work is the service to the ASGPP.



### American Society of Group Psychotherapy and Psychodrama

### 71ST ANNUAL CONFERENCE

April 11 - 15, 2013 Crystal Gateway Marriott, Arlington, VA

#### SATURDAY KEYNOTE SPEAKER:

True Refuge - Awakening from the Trance of Separation and Unworthiness

### TARA BRACH, PhD

Tara Brach, PhD, is founder and senior teacher of the Insight Meditation Community of Washington, and a co-founder and guiding teacher of the Meditation Teacher Training Institute. She offers Buddhist meditation workshops and retreats at centers throughout the United States. A clinical psychologist, she teaches extensively on the use of meditation practices in promoting emotional healing and spiritual awakening. Dr. Brach is the author of Radical Acceptance — Embracing Your Life with the Heart of a Buddha (Bantam, 2003.) and True Refuge — Finding Peace and Freedom in Your Own Awakened Heart (Bantam, 2013.)

### FRIDAY OPENING PLENARY SPEAKERS:

Beyond Psychotherapy: The Global Reach of Moreno's Ideas, and How They Merge with Other Trends

### ADAM BLATNER, MD, TEP and ALLEE BLATNER

Adam Blatner, MD, TEP, is a board certified adult and child psychiatrist, an internationally-known psychodramatist, a Life Fellow of the American Psychiatric Association, and the author of four books on psychodrama and associated methods, along with innumerable chapters in books and journal articles.

#### Pre & Post Conference Training Institutes / Workshops

In Group Psychotherapy, Psychodrama, Sociometry, Sociodrama and Creative Arts Therapies; the use of action methods in a wide variety of applications.

### Credit Hours / CEUs

CEUs for Psychologists (APA); Social Workers (ASWB); Counselors (NBCC); Addiction Professionals (NAADAC); Florida, California and Texas Board Approvals; NYS (OASAS); National Registry of Certified Group Psychotherapists.

### FOR MORE INFORMATION, or to register on-line, go to www.ASGPP.org



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