



BOARD NEWS

MESSAGE FROM THE PRESIDENT

Lin Considine, M.S., L.M.H.C., T.E.P.



Dear Certified Psychodramatists, Congratulations to all of our 2013 candidates who took the written exam this October and to all those who supported them! On behalf of the Board of Directors I applaud all of those on the journey towards certification and their commitment to becoming certified.

The Board of Directors meets twice per year – in September and January. At our September meeting in Washington, DC, we welcomed three new Board Directors - Carol Frank, Louise Lipman, and Donna Little. Please remember that if you have any concerns or issues regarding certification or the certification process you can bring those to the attention to any Board Director. S/he will bring it to our attention at the next regularly scheduled meeting.

We want to invite and encourage you to come and meet with the Board at our annual Conversation Hour. We want to meet you – We want you to meet us! We want to hear your concerns, discuss them, and learn from one another. We truly hope to see you in Oakland. We also invite you to share your concerns or issues with the Board by sending us an email: abepsychodrama@yahoo.com. All issues or concerns sent by written communication (letter or email) are automatically included on our agenda. We will review them at the January Meeting and communicate with you as to the results of our deliberations.

On behalf of the Board of Directors, we wish each and every one of you a peaceful, joyous and happy holiday season.

Blessings,
Lin

WHAT'S INSIDE:

Recently Certified Psychodramatists.....	page 2
Spotlight on New Publications.....	page 3
In Memorium.....	page 4

BOARD CONVERSATION HOUR

If you are attending the Annual Meeting of the American Society of Group Psychotherapy and Psychodrama at the Oakland Marriott City Center in Oakland, California, we invite you to come to our annual Conversation Hour, Friday, April 4th at 2:00 pm. Board Directors will be present to answer your questions and address your concerns.

ELECTIONS NOTICE

The Board has openings for two T.E.P. positions and one C.P. position. Members are expected to pay for one-half of their transportation and all other expenses to attend twice yearly meetings. One meeting is held on the 3rd weekend in January and the other meeting is scheduled for the weekend after Labor Day Weekend. The exact location of the meetings vary and are set by the Board Directors at the previous meeting. If you are interested in standing for election, please contact our office and we will send you instructions for writing a brief biographical statement. Nominations must be received by January 10, 2014.

ELECTED BOARD DIRECTORS

July 1, 2013 to June 30, 2014

- President:* Lin Considine, M.S., L.M.H.C., T.E.P.
- Vice-President:* Elaine Camerota, Ed.D., T.E.P.
- Secretary:* Cecilia Anne Yocum, Ph.D., C.P., P.A.T.
- Treasurer:* Dorcas Elisabeth McLaughlin, Ph.D., A.P.R.N., C.P., P.A.T.
- Directors:* Mario Cossa, M.A., R.D.T./M.T., C.A.W.T., T.E.P.
- Carol Frank, M.A., L.P.C.C., R.N., C.P.
- Louise Lipman, L.C.S.W.-R., C.G.P., T.E.P.
- Donna Little, M.S.W., T.E.P.
- Judith A. Swallow, M.A., C.R.S., T.E.P.

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 Members are encouraged to submit Newsletter materials.

RECENTLY CERTIFIED PSYCHODRAMATISTS

Recently Certified Psychodramatists are invited to submit an autobiographical statement. Bios are printed as space permits. For contact information on all certified psychodramatists go to www.psychodramacertification.org

Karen Early Burton, M.A., C.P., P.A.T.

Lake Arrowhead, CA



Karen Early Burton, M.A., is a retired psychology and communications college instructor. In the past 25+ years she has taught for Los Angeles Unified School District, Cal State Polytechnic University, San Antonio Community College, Glendale Community College, Valley Community College, and other postsecondary institutions. She has also been a published writer for various newspapers and magazines.

She has completed 4 units of Clinical Pastoral Education and has served as a chaplain for almost two years at Loma Linda Hospital. Currently she is completing her PAT process and plans to provide training for a variety of collegiate campuses, business organizations, hospital staff, non-profit agencies, and social work and prison personnel. She particularly enjoys hosting residential retreats, as well as integrating bibliodrama at youth camps, weekend conferences, and church groups. Eventually, she'd like to complete a Ph.D., with a dissertation providing empirical data on the effectiveness of group action methods. Karen and her husband lead the visitation team at their church and volunteer for a variety of community outreaches. Between the two of them, they have four adult children, ten grandchildren, and two great-grandchildren.

Lindsay Huei-Mei Chang, M.B.A., M.A., C.P.

Taiwan, R.O.C.



Since learning Sociometry and Psychodrama, my life has become more complete both personally and professionally. Being the founder of Jiahuei Counseling Foundation in Taiwan, I've tailored my specialties toward psychodrama and expressive arts therapy in addition to focusing with mindfulness.

I'd like to thank Kate Hudgins, my primary trainer, for broadening my views when I immigrated back from N. California to Taiwan in 2005. Since then, we have traveled to many cities in China together for her TSM workshops. I'd also like to thank Nien Hwa Lai, my secondary trainer, for bringing me into her domestic violence women group in Taiwan and training groups in China as her team/teaching assistant for years. From my two talented trainers, I learned firsthand how creativity and spontaneity can be drawn out by the use of leading skills and action methods. I'm also very grateful to Pam and Rory Remer for demonstrating to me the beauty of combining the theoretical and innovative practices. Thanks to Zerka Moreno for teaching me the meaning of "Entrepreneur". Her existence and accomplishments of new possibilities in life remain a continual source of inspiration for me.

I am excited to meet all the other creative professionals in this wonderful organization. I hope to both learn from and enjoy the action insights among members.

Leticia Nieto M.A., Psy.D., L.M.F.T., C.P., P.A.T.

Olympia, WA



As a young person, even before I imagined a life in psychotherapy, I encountered information about psychodrama. So it has been in my landscape from the start, and has been one of the constant reference points in my education and work. I am happy now to have formalized my relationship with psychodrama by becoming a CP.

I am a Professor in the Master of Arts in Counseling Program at Saint Martin's University in Lacey, Washington. I maintain a private practice in Olympia, Washington. I also provide anti-oppression training and consultation based on the concepts from my book, *Beyond Inclusion, Beyond Empowerment* (<http://BeyondInclusionBeyondEmpowerment.com>).

I have been deeply involved in Playback Theatre since I met Jonathan Fox in 1989, and I played a role in bringing the 5th International Playback Theatre Conference to Olympia in 1995. I currently serve as trainer and conductor for Pasajer@s Playback, a company dedicated to presenting playback theatre with an emphasis on social change and informed by anti-oppression theory and practice (<http://pasajerosplayback.com>).

I express my deep thanks to John Raven Mosher and Brigid Mosher for their support. I also appreciate the significant role Ann Hale, Adam Blatner, and Eva Leveton have played at different points in my journey as a psychodramatist. I currently enjoy collaborations with Rafael Pérez Silva of the Escuela Europea de Psicodrama Clásico in Mexico City, Mexico, and with Marisol Filgueira Bouza of the Instituto de Técnicas de Grupo y Psicodrama in A Coruña, Spain.

Susan Mullins Overman, M.A., L.M.H.C., T.E.P.

Tampa, Florida



I attended my first psychodrama training group in 1993 with Nina Garcia. At that time, I was extremely shy and introverted, scared of the whole process. However, in spite of that fear, psychodrama spoke to a deep part of me and I kept coming back! Psychodrama has been the most powerful healing modality in my life personally and professionally.

Initially, I did not intend to pursue the certification process, I was attending group for personal growth and to learn techniques to help my clients. Gradually I warmed up to the idea of certification and became a CP in 2008. Having attained that initial goal it was an easy decision to start the process to become a TEP.

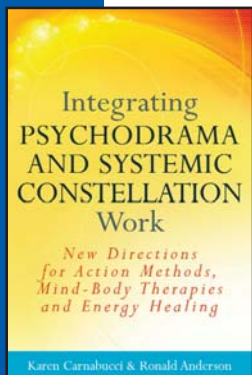
I work at Hyde Park Counseling Center, a residential treatment center for women with substance abuse and eating disorders. There I facilitate two psychodrama groups per week and use psychodrama in my individual work as well.

Now my passion is training. I love training other folks in the magic of psychodrama. My colleague Sandra Seeger, PAT and I

Continued page 4

Spotlight On New Publications

Listed below are some new publications. For more information, contact the authors at our website: psychodramacertification.org



Psychodrama and Constellation Work

Karen Carnabucci and **Ron Anderson**

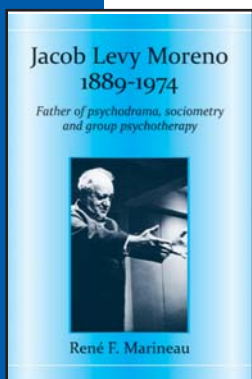
Systemic Constellation Work - sometimes called Family Constellation Work — is a rapidly growing experiential healing process that is being embraced by a variety of helping professionals worldwide. Constellation work is based on the notion that people are connected by unseen energetic forces and suggests that the traumatic and survival experiences of our ancestors are genetically passed forward to the next generation. Karen Carnabucci and the late Ron Anderson explain the history, principles and methodology of this approach and show how it compares with psychodrama - the original mind-body approach. They show how each method can enhance the other in group and individual psychotherapy, in couples counseling and other settings.



To Dream Again: A Memoir

Zerka T. Moreno (Author), **Edward Schreiber** (Editor), **Robert Landy** (Foreword)

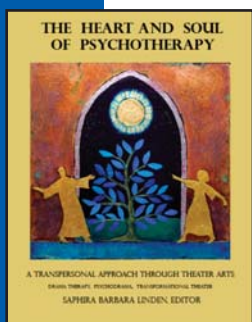
The focal point of this Memoir is not to describe who Zerka was to J.L. Moreno, but to share who Zerka is to the world. It is "A story about a woman who is a legendary figure, not only in psychodrama, but in the overall field of psychotherapy. Zerka's life and intellectual insights have had a powerful and therapeutic impact on people around the world." Lewis Yablonsky. "Zerka tells us many wise stories of survivor courage, steely determination, graceful dignity, witty humor and just plain guts. This is a guidebook for being alive, being awake, caring about oneself and the world, taking ethical action, being fully alive." Marcia Karp. Zerka's life before she met Moreno occupies the first part of this book. The second part relates the highlights of this unusual partnership and her life after Moreno's death. The final portion of this book addresses Zerka's subsequent life and many of her worldwide journeys.



Jacob Levy Moreno 1889 -1974

René Marineau

The ASGPP is thrilled to announce the re-release of René Marineau's book *Jacob Levy Moreno 1889-1974*. This book examines the story of Moreno's early life in Europe, as well as his years in America. René draws on his own research in the archives of Vienna, on many personal interviews with people who knew Moreno, and on Moreno's unpublished autobiography to give us a full portrait of this exceptionally gifted man. By revealing the history of Moreno's early life and tracing the story of his early attempts to express powerful intuitions and beliefs, mystical in origin, through activity in literature, theatre, and medicine, the author sets the scene for a better understanding of Moreno's total philosophy. Students studying for certification as a CP or TEP will find this book's advantageous to their process.



The Heart and Soul of Psychotherapy: A Transpersonal Approach Through Theater Arts Drama Therapy, Psychodrama, Transformational Theater

Saphira Barbara Linden

In *The Heart and Soul of Psychotherapy* author/editor Saphira Linden compiles the work of 39 of her most gifted students and colleagues, psychodramatists and drama therapists, to share her transpersonal, mind-body-spirit approach of practicing "heart and soul" oriented therapy with individuals, couples, groups, in community settings, i.e. hospitals, schools, nursing homes, clinics, prisons, internationally in other cultures and in transformational performances addressing personal and issue-based material for different kinds of audiences. Linden presents 12 principles of Transpersonal Drama Therapy/psychodrama and her authors (artist-therapists) demonstrate how they have applied these principles in real-life situations and for the widest array of vulnerable populations written about in our field. Foreword by Zerka Moreno.

This announcement of new publications is done as a public service to the psychodrama community. The Board neither recommends nor endorses any of these publications.

Recently Certified Psychodramatists

Continued from page 2

have co-founded South Tampa Psychodrama Training. We have a training group that meets monthly in Tampa and we present at conferences locally and nationally. Most recently, we have co-authored the article "Sociodrama a Deux: A New Hybrid" which appears in the spring 2013 edition of the *Journal of Psychodrama, Sociometry and Group Psychotherapy*.

My heartfelt thanks to Nina Garcia and Dale Richard Buchanan for their guidance, support and encouragement on this journey. Thanks also go to my incredibly supportive colleagues in the Tampa psychodrama community.

I look forward to continuing to grow in this new role as a TEP and bring the love of psychodrama to others.

Daniela Simmons, Ph.D. Candidate, C.P.

Corinth, Texas



I am delighted and deeply honored to officially become a part of the American Psychodrama society! I was born and grew up in Sofia, Bulgaria and was introduced to Psychodrama in 1994 while still at the very beginning of my professional career. My passion and creativity bloomed thru intense training and later true directing of psychodrama groups among teenagers, adults and elderly people. Upon coming to US, becoming American citizen, and choosing to serve people and build my future career here, it was my desire to become recognized by the American Board of Examiners and the American professional psychodrama society.

My experience is in the field of education, gerontology and psychology. During the last several years my work has been the cre-

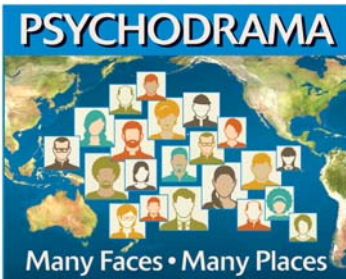
ation and development of the American Institute of Human Relations and Aging; toward culture change and innovation in the field of long-term care; offering educational programs focused on increasing sensitivity about old age; team building; creating cognitive and social programs for elderly with various interests and capabilities; and engaged in educational, research, and consultancy work in the social sciences and applied gerontology. I am in the process of creating several publications reflecting my work on therapeutic modalities of Psychodrama, Sociometry and other action methods for the physically disabled; applications of Sociometry in improving relationships and increasing the quality of provided services in the long-term care environment.

I am grateful for the many wonderful educators and colleagues in the field of Psychodrama and Sociometry in Europe and US, who have touched my life and have supported my personal and professional growth. My special gratitude goes to Chantal Neve-Hanquet (France), Pierre Fontaine (Belgium), Dr. Bernard Achterberg (Germany), Suzie Jary (US), Katrena Hart (US) and Dr. Adam Blatner (US). It has been a privilege to know you, learn from you and develop as a professional following your path!

IN MEMORIAM

*We are all less because of these losses.
Losing spiritual offspring is as hard as losing biological ones.*
Zerka T. Moreno

Gloria Heineman



American Society of Group Psychotherapy and Psychodrama

72ND ANNUAL CONFERENCE

April 3 - 7, 2014

Oakland Marriott City Center, Oakland, CA

SATURDAY KEYNOTE SPEAKER:

Dare to be Happy: Psychodrama and the Power of Positive Psychology

DANIEL J. TOMASULO, PhD, TEP, MFA, MAPP

Daniel Tomasulo, psychologist, psychodrama trainer, award winning writer of *Dare to Be Happy*, is recognized internationally for development of the Interactive-Behavioral Model (IBT) of group psychotherapy for people with intellectual and psychiatric disabilities.

SUNDAY KEYNOTE SPEAKER:

Honoring the Past, Dreaming the Future

JENNIFER SASSER, PhD

Jennifer Sasser, Chair of Department of Human Sciences and Director of the Gerontology at Marylhurst University, has been involved in inquiry in the areas of creativity in later life; older women's embodiment; sexuality and aging; critical gerontological theory; and transformational adult learning practices. She co-authored the textbook *Aging Concepts and Controversies*.

FRIDAY PLENARY SPEAKER:

Who Shall Thrive: Fostering Innovation During Transformational Times

MIRIAM ZACHARIAH, MA, TEP

Pre & Post Conference Training Institutes / Workshops

In Group Psychotherapy, Psychodrama, Sociometry, Sociodrama and Creative Arts Therapies; the use of action methods in a wide variety of applications.

Credit Hours / CEUs

CEUs for Psychologists (APA); Social Workers (ASWB); Counselors (NBCC); Addiction Professionals (NAADAC); Florida, California and Texas Board Approvals; NYS (OASAS); National Registry of Certified Group Psychotherapists.

**FOR MORE INFORMATION,
or to register on-line, go to
www.ASGPP.org**



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