



BOARD NEWS

Volume 45

December 2021

Number 2

MESSAGE FROM THE PRESIDENT Catherine D. Nugent, LCPC, TEP



Dear Certified Psychodramatists:

Greetings to you all, and congratulations to the 26 candidates who recently took the written certification examination—14 CP and 12 TEP candidates, with 13 from the U.S., four from Taiwan, and nine from China. Congratulations on your hard work and dedication.

At our September meeting, the Board welcomed two new Directors, **Letitia**

Coburn, CP Representative, and **Scottie Urmey**, TEP Representative. **Sylvia Israel** was re-elected for the other TEP position.

A major agenda item of our meeting was to prepare the 2021 written examination. As always, our goal is to write clear, coherent questions that enable candidates to demonstrate their knowledge and understanding. The exams are now being reviewed by the many generous members of our community who offer their time and expertise for this task.

The Board also addressed old and new business:

- **Provisional Executive Director:** The Board welcomed new staff member, **Nick Senzee**, to his first Board Meeting. Nick has been engaged in an onboarding process with mentoring from outgoing Executive Director, Dale Richard Buchanan, who is retiring after 30+ years in the role.
- **Pandemic Accommodations:** To address the ongoing limitations for participating in live, in-person training hours, the Board maintained the increase in the number of distance learning hours for CPs, and the number of supervised practicum hours for both CPs and TEP candidates. Additional accommodations have been made for 2022 CP and TEP applicants, including an Early Admission Policy for CP candidates. (See p. 3 for details.)
- **New ABE Website:** Your new ABE Website has opened and is still in development. All future communications will be sent via the internet using the contact information in your online profile. All contact/profile information must be updated to ensure timely receipt of dues notices, newsletters, and other important communiques. A debt of gratitude goes to former Board member, **Michael Gross**, and to the Executive Director.

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Soft Opening For New Website

L. Scott Urmey, LCSW, TEP



The new ABE website is live! The ABE is thrilled to announce that the first phase of the updated website is now open! After a long journey complicated by COVID 19, the improved website will offer many updates over three phases. Much like Moreno's theory of role development, the first phase of website development will be a time to become familiar with what is new and work out any glitches before moving forward.

The first thing you will notice is that the website has moved into the 21st century with improved aesthetic, better readability, and enhanced functionality. Aside from appearance, you will notice several new features and improvements. One new feature is the CP and TEP flow charts of the certification journey with clickable links that take you right to the document or information needed. All the documents concerning the certification, application, and



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ELECTED BOARD DIRECTORS

July 1, 2021 to June 30, 2022

<i>President:</i>	Catherine D. Nugent, LCPC, TEP
<i>Vice-President:</i>	Julie Wells, LCSW, TEP
<i>Secretary:</i>	Fredilyn Sison, JD, CP
<i>Treasurer:</i>	Sylvia Israel, MFT, RDT/BCT, TEP
<i>Directors:</i>	Letitia Coburn, LCSW, CASAC, CP Liwen Molly Mo, MEd, RCC, LCP, TEP Siyat Ulon, MD, TEP L. Scott Urmey, LCSW, TEP

New Provisional Executive Director



I am Nick Senzee and I have been working with associations for almost 20 years. Having started out working for the American Association for Marriage and Family Therapy in Washington, DC, I'm thrilled to be working with mental health

professionals again! Since then, I've worked at various professional organizations, most recently the American Academy of Oral Medicine and the Washington Occupational Therapy Association. After a break in my career to be a stay-at-home Dad to two great kids, I am ready to step into the Provisional Executive Director role. For fun, I like hanging out in my garden with my dog and two goats. Originally from Kansas City, you can now find me in Seattle and often in San Francisco.

MAY 2021 NEWSLETTER

Editor: Julie Wells, LCSW, TEP
Co-Editor: Jordan Wells, AA

Our May 2021 Newsletter was a Special Edition celebrating the 100th anniversary of psychodrama, and our largest to date. It featured important updates to ABE certification requirements with COVID 19 Pandemic Accommodations to help navigate these uncertain times. Over 30 members contributed articles ranging from ethics, self-care, and experiences with ZOOM and psychodrama. The ABE is appreciative to each and every one of you, thank you!

The May 2021 Newsletter also had several firsts. It held our first crossword puzzle, first free digital library, and first ABE survey results with member quotes on "How was your year on Zoom?". We even had a coordinated one-time newsletter website filled with additional information and goodies. The link to this website with additional resources and a more extensive tribute to John Mosher, can be accessed here:

<https://abecertificationne.wixsite.com/newsletter>



Yet another first was a hidden word puzzle spelling AUXILIARY EGO using the mis-capitalized letters from the fun 1921 facts along the tops of the pages. Dr. Marlo Archer is our proud winner of a hand-folded Encounter symbol book.

In addition, this special 38-page color edition takes the time to remember Moreno's first psychodrama in 1921, its history over the last 100 years, and its expansion. We are grateful to have contributions from Asian authors about China, Taiwan, Korea, and Malaysia membership acquainting us to the reach and scope of Moreno's work.

Along with these many firsts, you will find customary articles about ABE elections and exam results; a copy of the 2020 CP & TEP written exam and evaluation; summary of the ABE conversation hour at the ASGPP online conference; appreciations; and our 2020 Income & Expense Report. Feel free to take another look at the newsletter here:

<https://psychodramacertification.org/may-2021/>

New Website

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examination process are now formatted so they can be easily completed on the computer, saved, and printed for submission.

The website has updated the search function allowing you to more accurately find certified psychodramatists and psychodrama therapists by geographical locations and work settings. You will be able to update your member directory with information about your practice that enhances your marketability. For example, therapists in private practice can indicate the services they offer such as individual, group, family, and couples' treatment. You can even specify if you provide intensives or telehealth.

Don't worry if you don't see your information come up in the search right away. To enhance security, the ABE has limited access to the public or to other psychodramatists', until you have had the opportunity to update your profile. The first phase of the website allows you to update your profile immediately. Go to the website www.psychodramacertification.org click "Login" on the upper right side of the home page and login using the same username and password as always. If you have forgotten your username or password, simply click "Forgot username or password" and the information will be sent to the email address on file. Once your profile is updated you will have the option to maintain the type of privacy settings you are comfortable with; make your information public, keep it private (ABE administrator only), or limit access only to other certified practitioners.

As you update your profile and check out the new website, you will notice placeholders for additional website enhancements. These additions will be rolled out in the second and third phases of the website. The ABE will introduce these phases over the next year. In the second phase, you will be able to easily pay dues online with more options including PayPal. In the third phase members will be able to access the "Calendar of Events" which will include both in-person and distance learning training events and be able to update information about your own "Workshop Calendar".

The ABE appreciates the patience and kindness of our membership during the development of our new website. We hope that you will continue to be patient as we continue to work on, and rollout, the second and third phases of features.



ABE 2022 COVID 19 Pandemic Certification Accommodations*

ABE Certification Standards & Policies

CERTIFIED PRACTITIONER

- Distance Learning (**maximum**) 120
- **Minimum** face-to-face, in-person real time training with TEP or PAT 460
- **Maximum** number of online practicum sessions ... 0
- **Minimum** number of in-person, face-to-face, real time groups 41

- Primary, Secondary and Third Endorsements must be based on observing the applicant on at least two occasions within the past three years that reveal the skills and knowledge relevant to directing a psychodrama.

TRAINER, EDUCATOR & PRACTITIONER

- **Maximum** number of online practicum training sessions 0

- Primary, Secondary and Third Endorsements must be based on observing the applicant on at least two occasions within the past three years that reveal the skills and knowledge relevant to training in psychodrama, sociometry and group psychotherapy.

2022 Additional Pandemic Accommodations*

CERTIFIED PRACTITIONER

- Distance Learning (**maximum**) 170
- **Minimum** face-to-face, in-person real time training with TEP or PAT 440
- **Maximum** number of online practicum sessions ... 45
- **Minimum** number of in-person, face-to-face, real time groups 20 (out of 41 minimum group practicum sessions)

- Dates of observation extended from within the past three years to the past four years.

- At least one face-to-face, in-person observation by the Primary and Secondary Trainer. There is no requirement for face-to-face, in-person for the Third Endorser.

TRAINER, EDUCATOR & PRACTITIONER

- **Maximum** number of online practicum training sessions 68

- Dates of observation extended from within the past three years to the past four years.

- At least one face-to-face, in-person observation by the Primary and Secondary Trainer. There is no requirement for face-to-face, in-person for the Third Endorser.

APPLICATION DEADLINES

- All Application materials must be received by July 15th

- CP & TEP Applications must be received by July 15th
- Supporting Materials Final Deadline is September 3rd

- If you are mailing your supporting materials after August 30th – send your materials by FedEx or UPS. Materials that arrive after September 3rd will arrive too late to be reviewed by the Admissions Committee.

*Early Admission to the CP Written Examination 2022: An Additional Pandemic Accommodation

For 2022, psychodrama trainees who have completed 500 of the 780 hours of training in psychodrama, sociometry and group psychotherapy may apply for the 2022 CP Written Exam. The minimum of 500 hours may include all the customary categories (i.e. 100 hours waived for mental health license, up to 170 distance learning hours, up to 160 hours from PATs, 100 hours from attendance at approved face-to-face professional meetings, and in-person face-to-face training hours). See CP Certification Standards: www.psychodramacertification.org/docs/CPStandards.pdf.

Trainees who plan to request early admission to the CP written examination must email the ABE by June 1 stating their intent to sit for early admission to the written exam and include their required contact information.

By no later than July 15 the primary trainer must send a brief

email verifying that the trainee has completed at least 500 training hours and that the trainee is ready to take and pass the written exam. No CP Application required at this time. The trainee must pay a written exam fee (\$300 for USA & Canada and \$350 for those living outside the USA & Canada).

In order for the written exam results to be valid, the trainee must apply for practitioner certification within five years (July 15, 2027). When the trainee has completed all requirements for certification, they will submit the usual CP application materials and pay the CP Application Fee. No examination fee will be required as that was prepaid. If the written exam was passed, the trainee will be directly admitted to an on-site observation exam. If the early admission written exam was rated as fail, the trainee must pay a written exam fee and take the written exam again.

**In the spirit of spontaneity and creativity the Board of Directors created these accommodations to the certification standards and policies. These accommodations are valid only for the 2022 CP & TEP applicants.*

ELECTIONS NOTICE

Each year the Board has openings for two TEP positions and one CP position, each for a three year term. Transportation expenses are reimbursed up to 1/2 (not to exceed \$300 per meeting) to attend two yearly meetings. ZOOM meetings for Officers are monthly and other board members meet on a PRN basis during COVID 19 and Executive Director transition. Position requires up to four hours per month on committee assignments and initiatives. The two yearly meetings will be in-person if it remains safe enough by CDC standards. The date for the September 2022 meeting is 16-18 and the winter meeting is scheduled for February 3-5, 2023. The dates and location for the meetings are set by the Board of Directors. If you are interested in standing for election, please contact our office and we will send you instructions for writing a brief biographical statement. Self nominations must be received by January 10 and once again, the Ballot will be sent via email.

Board Conversation Hour

If you are attending the Annual Meeting of the American Society of Group Psychotherapy and Psychodrama we invite you to come to our annual Conversation Hour. Board Directors will be present to answer your questions and address your concerns.



ABE Laurel, MD in-person September 2021 Board Meeting

*Left to right (Top) Scottie Urmey, *Meade Jones Hanna, Cathy Nugent, Nick Senzee, Molly Mo, Letitia Coburn, Fredi Sison, Julie Wells*

(Bottom) Dale Buchanan and on ZOOM: Siyat Ulon, Sylvia Israel

**Special appreciation to Meade Jones Hanna for the wonderful catering and food.*

From the President

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Despite the ongoing challenges of our times, we wish you and your loved ones a peaceful, joyous and abundantly blessed holiday season.

Cathy

Digital Transformation

The ABE is going digital. In order to save future generations, the planet and expenses the ABE is going digital. This year you may submit applications, updates, and supporting materials via paper or via a digital document. In FY2023 no paper submissions will be accepted.

IN MEMORIUM

Cynthia Adams

Adam Blatner

Bill Coleman

Ann E. Hale

Joyce Hayden-Seman

* All memorials are published in the May Board News.

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Members are encouraged to submit Newsletter materials.



MARK YOUR CALENDAR

2022 ASGPP Conference

March 30 - April 2, 2022
Hyatt Regency Schaumburg Hotel
Schaumburg, IL