



Supervised Practitioner Certification Reference Guide

Rationale:

The **Supervised Practitioner (SP)** level of certification recognizes the skills and knowledge of advanced trainees. **Supervised Practitioner (SP)** are **engaged in the practice** of psychodrama, sociometry, and group psychotherapy with supervision over several years. **Supervised Practitioner (SP)** have established professional credibility through their commitment to the rigorous certification standards established by the ABE. **Supervised Practitioner's (SP)** have completed, and must maintain, a substantial amount of training and supervision to practice the methods of Psychodrama, Sociometry, and Group Psychotherapy. **Supervised Practitioner's (SP)** follow clearly established practice standards earlier in the training process, which enhances professional credibility.

Prerequisites & Initial Application

In order for a candidate to apply for the SP certification, their primary trainer must be an ABE certified TEP and they must verify through an initial application that the following requirements have been met:

1. Psychodrama training hours
 - A. 300 hours of Psychodrama training provided by ABE Certified TEPs; at least 100 of those training hours with the candidate's primary trainer.
 - B. Up to 40 training hours may be obtained from individuals that are ABE certified CPs, PATs, and TEPs at local, regional, and national conferences sponsored by recognized organizations, including the American Society of Group Psychotherapy and Psychodrama, The American Group Psychotherapy Association, The North American Drama Therapy Association, The Taiwan Association for Psychodrama, or International Association of Group Psychotherapy and Processes.



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- C. Up to 40 distance learning training hours will be accepted (must be provided by an ABE certified TEP).
2. A minimum of three (3) supervision sessions with the primary trainer.
 - A. Supervision sessions must be at least 60 minutes in length and offer the applicant the opportunity to discuss specific psychodrama, sociodrama, or sociometric applications.
3. The primary trainer must have observed the candidate competently direct at least 2 full psychodrama or sociodrama sessions and demonstrate an understanding of sociometric principles and processes.
4. Educational requirements
 - A. A minimum of a Bachelor's degree from an accredited University in the field relevant to the applicant's areas of practice. Candidates are expected to have completed coursework in five key mental health areas and are expected to practice only within their areas of competence, educational background and professional proficiency.
 - B. SP applicants who hold a Bachelor's degree must provide to their primary trainer, verification of completed coursework that provides a basic foundation in five key mental health areas including; Human Growth and Development; Theories of Personality; Abnormal Behavior (Psychopathology); Methods of Psychotherapy; and Social Systems (e.g., Family Therapy, Organizational Behavior, etc).
 - C. SP applicants who hold a graduate degree (Master's or Doctorate) and who are not also licensed or certified as mental health professionals are required to submit relevant official graduate transcripts indicating they have completed coursework covering the same five key mental health areas listed above.
 - D. Graduate level (Master's or Doctorate) licensed mental health professionals are assumed to have competency in the aforementioned five key mental health areas



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and will not be required to provide transcripts of their course work. Examples of these post graduate level mental health degrees include Counseling or Clinical Psychology, Social Work, Mental Health Counseling or Pastoral Counseling, Expressive Arts Therapies, Art Therapy, Dance/ Movement Therapy, Drama Therapy, and Music Therapy. In this case SP applicants will be required to submit a photocopy of their current license or certification.

5. A completed and signed agreement with the Primary Trainer, ensuring a commitment to adhere to ABE practice standards, supervision, continuing education requirements and training expectations, including

- Minimum of 20 training hours per year,
- Minimum of 7 supervision sessions per year
- Minimum of 10 Continuing education hours per year in areas relevant to SPs practice
- Awareness of and adherence to ABE Practice standards, scope of practice and core competencies.
- Professionalism (maintaining good standing with professional organizations, upholding licensure if applicable).

6. Verification that candidate's license(s) and/or certification(s) to practice in their professional field has never been suspended or revoked due to unethical, unprofessional, or illegal conduct.

Annual Requirements & Re-Attestation

At the time of annual certification renewal, Supervised Practitioners (SP) will be required to attest to the ongoing plan and relationship with their primary trainer, including the following yearly requirements:

1. At least 20 hours of psychodrama training with their primary trainer.



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2. At least 10 Continuing Education (CE) hours

Of these 10 CE hours:

- o 1 CE hour must be related to Trauma
- o 1 CE hour must be related to SP practice setting (ex. Telehealth if providing services online.)
- o 1 CE hour must be related to Ethics
- o 1 CE hour must be related to Culture, Identity, or Anti-Opressive practice.
- o The remaining 6 CE hours may be related to topics relevant to the applicant's field of practice.

Continuing Education courses or programs must either be presented or approved by one of the following organizations;

- o NASW (National or state)
- o CSWE
- o State Licensing Boards for Professional Licensure (i.e. the State board of Social Work Examiners, Alcohol and Drug Counselor Committee, the State Board of Marriage and Family Therapy Examiners, Professional Counselor Examiners Committee, etc)
- o ASWB
- o NBCC
- o APA
- o Bar Association (National or State)
- o ACCME
- o CBMT
- o NADTA
- o ADTA
- o AATA

CE courses or programs presented or approved by other organizations (not listed) may be acceptable as long as the SP has conferred and gained approval from their primary trainer and the ABE.



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3. At least 7 supervision hours with the primary trainer

Those certified as Supervised Practitioner would be required to engage in ongoing supervision to ensure professional development and adherence to established standards. The supervision requirements include:

- minimum of 7 one-hour, individual or group supervision* sessions per year with their primary trainer that offers the applicant the opportunity to discuss specific psychodrama, sociodrama, or sociometric applications.
- To maintain the effectiveness of Group Supervision a maximum of four SPs may participate per one-hour of group supervision.